

PART B: LISTENING AND NOTE-TAKING

In this section, you will hear a lecture on ANXIETY DISORDERS. You will hear the lecture only once. As you listen to the lecture, use this sheet to take notes on the following points:

- **Difference between anxiety and anxiety disorders**
- **Reasons for anxiety disorders**
- **Characteristics of obsessions and compulsions**
- **Types of treatment for obsessive-compulsive disorder**
- **Factors affecting treatment**

Later, you will be asked to write answers to a number of questions in 15 minutes. Your notes will not be graded.

Answer the following questions using the notes that you have taken. (10 points)

1. What is the difference between anxiety and anxiety disorder? (2 points)

2. Name three reasons for anxiety disorders. (1 point each)

a) _____

b) _____

c) _____

3. One difference between obsession and compulsion is that

(2 points)

4. What are the two methods of treatment mentioned? (0.5 points)

a) _____

b) _____

5. Why does a person with a better insight have a higher chance of being cured? (2 points)
